

Parent's/Caregiver's Fault	Your Fault
<p>Benefit: Your self-worth stays intact.</p>	<p>Benefit: The people taking care of you always know what is best for you. If they're not giving you the emotional support you need, or if something goes wrong, you only have to figure out how to make it right.</p>
<p>Drawback: The people in charge of meeting your needs are not perfect. Therefore the world can be a scary and unpredictable place.</p>	<p>Drawback: Your self-worth diminishes because you/your actions are responsible if anything upsetting happens.</p>

